

# CCTMC

## Updates

A newsletter from  
China Capital Toastmasters Club



Jan. 2008: Issue No. 1

-- By Lily Wang



## ■ MONTHLY EVENT

### Jan.--Ski & Spa

Nothing is better than snow and hot spring to welcome the coming Chinese New Year! We went on a ski & spa trip on 19<sup>th</sup>, Jan. Want to see how fun it was? Click [here](http://www.cctmc.org/pictures/ski-spa-trip-20080119.html) to find more pictures (<http://www.cctmc.org/pictures/ski-spa-trip-20080119.html> )

## ■ CLUB NEWS

- **Our new website:** GREAT thanks to our webmaster Yann! CCTMC has stepped into the Web2.0 World: <http://www.cctmc.org/>. You can find all club related information there and you're welcomed to leave messages in the club forum!
- **Founder Award from TI:** We got the Founder Award from Toastmaster International because we sponsored ZhongGuanCun Toastmasters Club.
- **Evaluation contest:** We held an evaluation contest on 17<sup>th</sup>, Jan. Our "golden evaluator" Yann won the BEST EVALUATOR again!
- **Speechathon:** We had a video-taped meeting on 24<sup>th</sup>, Jan. Click [here](http://www.cctmc.org/meeting-example/speechathon-2008-01-24.html) to see how it was! (<http://www.cctmc.org/meeting-example/speechathon-2008-01-24.html> )

## ANNOUNCEMENT

Feb. 2008

Because of the Chinese New Year, our meeting schedule is changed as follows:

- Club Holiday: 7<sup>th</sup>&14<sup>th</sup>
- Regular Meeting Shift to: 18<sup>th</sup>&25<sup>th</sup>  
(Monday)
- Saturday Training: 23<sup>th</sup>

“*Toastmasters is the best and least expensive personal improvement class you can go to.*”



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## ■ RECOMMENDED READINGS

- **Words of Wisdom from Paul Evans: How To Become A Spectacular Speaker**

By Eric Feng -- <http://blog.ericfeng.com>

*Spectacular presenting is not an accident. It's not just going to happen any more than you can pick up a guitar and play it from first strum....*

- **Video Critique: Steve Jobs (Stanford, 2005)**

By Andrew Dlugan -- <http://sixminutes.dlugan.com>

*Steve Jobs wrote and delivered the commencement speech "Stay Hungry. Stay Foolish." to the graduates of Stanford University on June 12, 2005....*

## ■ WELCOME OUR NEW MEMBERS!

As the Beijing Olympic year 2008 comes, we had two new members joining CCTMC this month. Please give them our warmest welcome! I hope all of our new members will enjoy GREAT time in our CCTMC family!



**Name:** Charles Cao  
**Profession:** Telecommunication  
**Employer:** China Netcom  
**Hobby:** film, travel, badminton

*"Hi folks, I am Charles. To be honest, I just gathered my courage to join this meeting at the first time, since I've never thought I could speak in front of a group of people in English. But after I finished my first table topic speech, I felt pretty great. I love this meeting, and it's also my great pleasure to meet you guys."*



**Name:** Kay Chen  
**Profession:** University Student (Sophomore)  
**Employer:** Beijing University of Posts and Telecommunications (北京邮电大学)  
**Hobby:** Reading (specially biography), Cooking (just a dream for now), Exploration (Enjoy things I haven't done before)

*"Dear fellow members, I have a dream. In my dream I meet a lot of glorious people around the world, you make the dream more real. BTW, the guy on the right with smaller face is me☺"*

*Striving to become a competent speaker and leader?  
 China Capital Toastmasters Club will speed you up!*

*Right here, we are offered a proven-and enjoyable!-way  
 to practice and hone communication and leadership skills.*

*Right here, we not only harvest skills, but also friends  
 from all walks of life.*

*Right here, we are always waiting for you!*

**Don't wait! Come and join us! ▶▶▶**



### China Capital Toastmasters Club

When: 19:00-21:00, every Thursday night  
 Where: Zhao Long Hotel Training Room.  
 Map:<http://www.cctmc.org/contacts/map.html>  
 Contact: Addy Ho  
 Email: [addy.ho@yimingconsulting.com](mailto:addy.ho@yimingconsulting.com)  
 Mobile: 136-6126-0064  
 Website: <http://www.cctmc.org/>